



SAILING INSTRUCTIONS

AREA B Selection Regatta

for

The US SAILING Chubb U.S. Junior Championships

The U.S. Junior Triplehanded Sailing Championship for the Sears Cup

The U.S. Junior Doublehanded Sailing Championship for the Bemis Trophy

The U.S. Junior Singlehanded Sailing Championship for the Smythe Trophy

Stamford Yacht Club

97 Ocean Drive West

Stamford, CT 06905

July 29-31, 2010

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The following documents will apply:
 - a) US SAILING Regulation 10. <http://about.ussailing.org/Assets/Bylaws/US+SAILING+Regs08.pdf>
 - b) The Conditions for the United States Junior Sailing Championships. <http://championships.ussailing.org/Youth/ChubbJrChampionships/Conditions.htm>
 - c) The US SAILING Championship Support Vessel Policy. http://championships.ussailing.org/Youth/Coaching_and_Support_Vessels.htm
- 1.3 In case of conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions will prevail. This changes rule 63.7.

2 NOTICES TO COMPETITORS

Notices to Competitors will be posted on the official regatta notice board located in the REGISTRATION area, which is under the Galley Bar, and open to the Club lawn.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the SIs will be posted no later than 20 minutes after the close of the morning briefing on Friday or 0900 Saturday, except that any change to the schedule of races will be posted no later than 2000 the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals ashore will be displayed from the Shore Station (main flag pole) on the Club lawn.
- 4.2 Boats are not allowed to launch before code flag D is displayed with one sound. It will remain up until all boats are in the water.

- 4.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less 30 minutes' in the race signal AP. Boats shall not leave the harbor; wait for further instructions. This changes Race Signal AP.

5 SAFETY AND PERSONAL EQUIPMENT

- 5.1 All competitors in US SAILING Championships, at all levels, shall wear, while on the water, other than brief periods while adding or removing clothing, an approved US Coast Guard Type III or Type V PFD that depends 100% on foam for flotation. The PFD must be worn outside of all clothing, except that a thin shirt may be worn over the PFD to prevent snagging. This changes the preamble to the Part 4 rules.
- 5.2 Each day, before the warning signal of the first race in which they intend to compete, boats shall check in by sailing on starboard tack past the stern of the signal boat. Each boat shall hail her sail number and make sure she is acknowledged by the signal boat.
- 5.3 A boat retiring from a race shall notify a RC vessel before leaving the course, or, when that is impossible, at the Registration area immediately after arrival ashore.
- 5.4 The only gear, rigging, or equipment that a team may take aboard a boat shall be: magnetic card compass, flags, plastic bucket or bailer, normally equipped ditty-bag, personal effects, including PFDs and protective clothing. Electronic fluxgate compasses and GPS devices of all varieties, styles and combinations are specifically banned.

6 SPECIAL SIGNALS

The display of code flag H at the finish of any race means: "Racing has ended for the day and competitors shall proceed directly to shore."

7 SCHEDULE OF RACES

Thursday, July 29

1300 - 1700 Early Registration. Sears competitors (Viper 640s) shall register and participate in an orientation session and practice race, if held, during the afternoon.

1800 Dinner at SYC

Friday, July 30

0800-0900 Check in. Signed copies of entry form, Damage Deposit and Release of Liability must be delivered.

0800 – 0900 Continental Breakfast

0930 Skippers Meeting (including draw for boats)

1030 Warning Signal for PRACTICE RACE. First Race to follow.

Between races Lunch on the water

No Warning Signal after 1700

1800 Dinner at SYC

Saturday, July 31

0800-0900 Continental Breakfast

0945 Warning Signal for First Race

No Warning Signal after 1330.

Awards presentation after conclusion of races.

- 7.1 There are a maximum of 10 races scheduled.
- 7.2 Weather conditions, the need to protect borrowed boats and equipment, or the need to expedite the completion of the event may require procedures other than those mentioned in these Sailing

Instructions. Any such special procedures must be approved by the race committee in consultation with Protest Committee.

- 7.3 Shortened Event. Should wind, weather or other conditions make it impossible to complete the scheduled number of races within the publicized time, the event shall be terminated and the results based on the completed number of races. Termination and decisions regarding results shall be made by the race committee in consultation with the Protest Committee

8 CLASS FLAG

The class flags will be:

Triplehanded Division - Viper 640 Class Flag

Singlehanded Division – Numeral Pennant 2

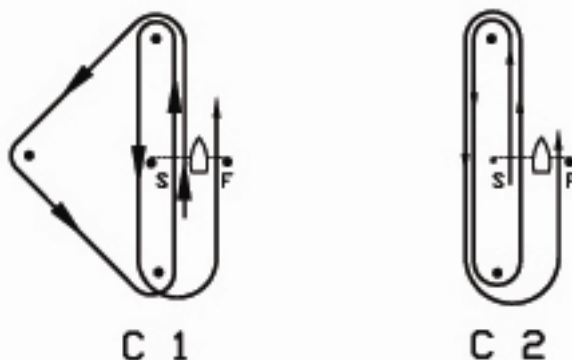
Doublehanded Division – Numeral Pennant 3

9 RACING AREA

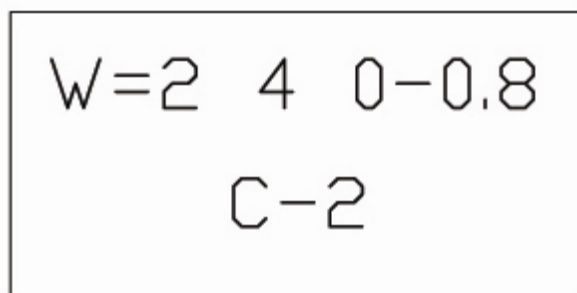
The sailing area will be on Long Island Sound southerly of the westerly breakwater of the entrance to Stamford harbor. See chart in Attachment A

10 THE COURSES

- 10.1 The diagrams below depict the courses, including the course designations, the order in which marks are to be passed, and the side on which each mark is to be left



- 10.2 No later than the warning signal, the signal boat will display the course to be sailed. The course will be displayed from a board mounted on the signal boat. The top line on the course board will indicate the approximate magnetic bearing and distance to the first mark. The bottom line will designate the course configuration. For Example:



- 10.3 Boats shall not cross the start or finish lines on downwind legs, but shall sail through the start line on the second upwind leg as depicted in SI 10.1.
- 10.4 A boat that breaks SI 10.3 shall not correct her error. However, she will be exonerated if she takes a Two-Turn penalty, (see rule 44.2). This changes rule 28.1. For reasons of safety, on the legs on which the finish line is restricted, the finish line and the finishing marks are, taken together, one obstruction, and therefore rules 19 and 20 apply between boats while they are approaching and passing it.

11 MARKS

- 11.1 Rounding marks will be orange tetrahedrons, except that the windward mark for Vipers will be a yellow tetrahedron.
- 11.2 New marks (in the event of a course change) will be yellow tetrahedrons (orange for the Viper windward mark.)
- 11.3 The finish line mark will be a small orange tetrahedron positioned on the side of the signal boat opposite the start line.

12 THE START

- 12.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 The starting line will be between a staff displaying an orange flag on the signal boat and the course side of the mark at the port end of the line.
- 12.3 The order of starts for all races is intended to be Vipers, then Lasers, then 420s.
- 12.4 To alert boats that a race will begin soon, code flag R will be displayed for at least 4 minutes. Code flag R shall be removed (with one sound) one minute before warning signal is displayed.
- 12.5 The warning signal for each class will be the Class Flag as described in SI 8.
- 12.6 A boat starting later than 4 minutes after her starting signal will be scored DNS. This changes rules 63.1 and A5.

13 RECALLS

- 13.1 The RC will attempt to hail the sail numbers of OCS boats. This changes rule 29.1
- 13.2 The failure of any boat to hear the hail and the timing and order of such hails shall not be grounds for redress. This changes rule 62.1.

14 CHANGE THE NEXT LEG OF THE COURSE

To change the next leg of the course, a race committee will display code flag C and a board indicating the bearing to the new mark. It will lay a new mark (or move the finishing line) and remove the old marks as soon as practicable.

15 THE FINISH

The finishing line will be between a staff displaying an orange flag on a RC boat and the course side of the designated finish mark, as depicted in SI 10.1.

16 PENALTY SYSTEM

- 16.1 Appendix P will apply and will be changed as follows:

16.1.1 P2.2 is changed to “second and subsequent times”

16.1.2 P2.3 is deleted

16.1.3 P3 is changed to read: “If a boat has been protested under rule P1 and the race committee signals a postponement, general recall, or abandonment, the penalty or penalties are cancelled.”

17 TIME LIMIT

17.1 The time limit for each race will be 60 minutes for the first boat to finish.

17.2 Boats failing to finish within 15 minutes after the first boat that sails the course in accordance with rule 28.1 finishes will be scored TLE (Time Limit Expired) without a hearing. The boats that did not finish within the finishing window will be assigned points equal to the number of finishers plus two. This changes rules 35, 63.1, A4.2 and A5.

18 EVENT PROTESTS AND REQUESTS FOR REDRESS

18.1 A boat is not permitted to protest another boat for breaking sailing instructions 4.2, 4.3, 5.2, 5.3, 21, or 22. The penalty for breaking these instructions may be less than disqualification at the discretion of the protest committee. This changes rule 60.1(a).

18.2 A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee finish boat of her intention as soon as possible after finishing, identifying the boat(s) being protested. This changes rule 61.1(a)

18.3 Protest forms will be available at the REGISTRATION area and are to be filed there. Hearings will be held in the Grille Room (lower level of the clubhouse – entry is from the REGISTRATION area. .

18.4 The protest time limit is 60 minutes after the RC boat docks. That time will be posted on the notice board.

18.5 A protest hearing schedule and the location of the hearings will be posted on the official notice board no later than 15 minutes following the end of protest time

18.6 Redress hearings: Any competitor wishing to become a party to a scheduled redress hearing, should: 1) check the daily protest hearing schedule which will describe the nature of the redress requests and the times of the hearings, and 2) submit a written request to participate to the protest committee before the hearing begins.

18.7 Notice of actions taken by the race committee or protest committee and a list of boats penalized under Appendix P will be on the official notice board.

18.8 On the last day of the regatta a request for reopening a hearing shall be delivered to the protest committee:

a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day.

b) within the protest time limit, or 30 minutes after the decision is announced, whichever is later. This changes rules 62.2 and 66.

19 US SAILING REQUIREMENTS FOR AN AREA ELIMINATION REOPENING

19.1 Under rule 70.5(a), there shall be no appeal of the decision of a protest or request for redress. However, a decision following a hearing under rule 69.1(a) may be appealed. E-mail and phone contact information for each boat entered and for the chair of the protest committee and the race committee shall be posted on the official notice board at all times during the event.

19.2 Rule 65.2 is changed as follows: 65.2 A *party* to the hearing is entitled to receive the above information in writing, provided she asks for it in writing and hand-delivers her request to a member of

the protest committee no later than the protest time limit on the last day of racing or one hour after being informed of the decision, whichever is later. The committee shall then, within two hours, hand-deliver the information to the *party*, including when relevant, a diagram of the incident prepared or endorsed by the committee.

19.3 Rule 66 is changed as follows:

- a) 66 REOPENING A HEARING 66.1 A hearing may be reopened when the protest committee decides that it may have made a significant error, or when significant new evidence becomes available within a reasonable time.
- b) 66.2 The protest committee may reopen the hearing. A *party* to the hearing may ask for a reopening no later than one hour after being informed of the decision. When a hearing is reopened under rule 66.2, a majority of the members of the protest committee shall, if possible, be members of the original protest committee.

c) 66.3 Area Elimination Reopening

19.3.c.1 A *party* to a hearing of a *protest* or request for redress may request an Area Elimination Reopening. The request shall be in writing and include the significant error that the *party* believes the protest committee made or the nature of the significant new evidence that is available. The request shall be made no later than 24 hours after the hearing or 24 hours after the protest time limit on the last day of racing, whichever is later. The request, along with copies of the original *protest* or request for redress, the facts found, the decision of the protest committee, any new evidence that cannot be presented verbally, and e-mail and phone contact information for all *parties* to the hearing as well as the chairman of the protest committee, shall be sent by e-mail to the US SAILING Championships Director, LizWalker@USSAILING.org, and the US SAILING Championships Chairman, wrigs@earthlink.net.

19.3.c.2 The protest committee for an Area Elimination Reopening shall consist of the chairman of the original protest committee plus four certified judges appointed by US SAILING. A majority of the committee's members shall be Senior or International Judges. US SAILING will appoint its chairman.

19.3.c.3 An Area Elimination Reopening will be conducted by telephone conference call. The time and date for the conference call shall be established by the chairman as soon as practicably possible and no later than seven days after the request for reopening is e-mailed. The chairman will e-mail to the *parties* to the hearing the request for reopening, the facts found, the decision of the protest committee, the time and date of the hearing, the process for joining the call and any other relevant documents.

20 SCORING

- 20.1 The Low Point System of Appendix A will apply.
- 20.2 Three (3) races are required to be completed to constitute a Regatta.
- 20.3 When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- 20.4 When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score. Ten (10) races are scheduled (this is a limiting maximum), except in the Triplehanded Division which will attempt to have a full round robin schedule. If there are four or fewer boats in the Triplehanded division, the race committee will attempt to run a double round robin schedule. (i.e. three teams would race six races with each team sailing each boat twice)

21 REPAIR OR REPLACEMENT OF EQUIPMENT

- 21.1 Notice of Race section 1.4 and 11.4 and Appendix D5.1 are changed to substitute an orange streamer for the signaling of a breakdown.
- 21.2 Substitution or repair or replacement of hulls, sails, or equipment will not be allowed without prior written approval of the protest committee.

22 DISPOSAL OF TRASH

Boats observed purposefully discharging trash into the water will either be disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action, or both. Trash may be placed aboard support and race committee boats.

23 COACHING AND OUTSIDE CONTACT

This is a Grade 2 Event as defined in the US SAILING Championship Support Vessel Policy. See http://championships.ussailing.org/Youth/Coaching_and_Support_Vessels.htm

- 23.1 Except as provided in the Policy specified above, instructors, coaches and other support personnel and family members **shall not** go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats supplied by the regatta organizers, if any.
- 23.2 Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor's arrival at the host club and shall continue until dismissed by the Coach on clinic days, or released by the Protest Committee on racing days.
- 23.3 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US SAILING) including electronic communication devices while at the sailing venue during the clinic and racing days. It is the intent of this rule to prohibit contact between competitors and any person, who, in the opinion of the Protest Committee, is a coach, instructor or advisor.
- 23.4 The Protest Committee may protest and disqualify a competitor for breaking the rules of this sailing instruction from all races on the day of the infringement.

24 DISCIPLINE

- 24.1 For Junior and Youth events or for junior or youth competitors in any US SAILING championship, no participant or competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each described in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use).
- 24.2 An alleged breach of 24.1 will not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in racing rule 69.1, and a competitor found to have breached one of these regulations shall be excluded from the remaining races of the series and, where practicable, be removed from the regatta venue and sent home. The competitor's boat will be disqualified from all races of the series.

25 PRIZES

- 25.1 The top scoring team in the Triplehanded and the top two (2) scoring teams in the Doublehanded and Singlehanded divisions will qualify for the National Finals. Go to <http://championships.ussailing.org/Youth/ChubbJrChampionships.htm> for registration information. US SAILING medals will be awarded to skippers finishing in the top 5 positions.
- 25.2 Additional prizes will be awarded at the discretion of the event organizers.

ATTACHMENT A

